

WAIVER, RELEASE AND INDEMNITY
AGREEMENT FOR

TOUR DE TRAILS 2006

READ BEFORE SIGNING

*REGISTRATIONS WITHOUT SIGNED RELEASE
WILL NOT BE PROCESSED*

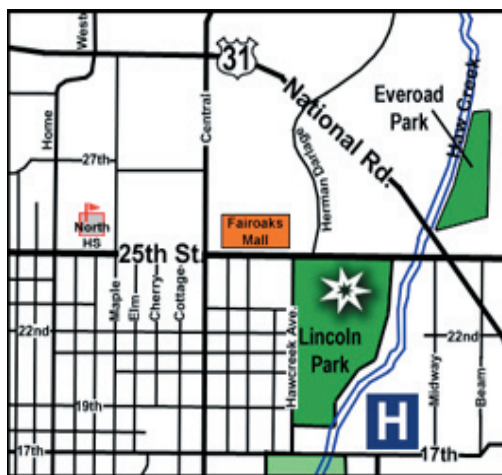
In consideration of acceptance of my entry, I hereby release, discharge, and agree to hold harmless the Columbus Park Foundation, the Columbus Parks and Recreation Department, the City of Columbus, IN, any sponsors, officials or organizers of this event and each of them together with their successors, assigns, officers, agents and employees from any and all liability for injuries to property or person suffered by me as a result of my participation in this event. By execution of this waiver, I assume all risks associated with my participation in this event including, but not limited to falls, the effects of weather, traffic, road and trail conditions, and all risks associated with running a race in an urban and rural setting whether or not such risks are specifically known or appreciated by me. I verify that am physically fit and sufficiently trained for competition in this event and that my physical condition has been verified by a licensed medical doctor. I specifically agree that it is not the duty of any of the parties listed above to check, monitor, or evaluate my physical condition for the appropriateness of my participation in this event at any time. I agree to indemnify any of the parties listed above for damages caused by me to any such party or parties and any third parties, by virtue of my participation in this event.

Signature: _____

X _____

Date: _____

DIRECTIONS TO LINCOLN PARK



From Indianapolis and points north and west:

Take I-65 South to exit 76A (Columbus/US 31 South exit). Follow US 31 into Columbus (approximately 7 miles). Turn right at the stoplight intersection with Herman Darlage Drive (Fair Oaks Mall entrance sign). Follow Herman Darlage Drive to the next stoplight intersection with 25th Street. Go through the intersection onto Lincoln Park Drive. Lincoln Park Drive will lead into a large parking lot. Park your car and proceed to the race registration area.

From Louisville and points south:

Take I-65 North to exit 76A (Columbus/US 31 South exit). Follow directions from US 31 as noted above.

From Cincinnati and points east:

Follow SR 46 West into Columbus. Follow signs for 46 West until you reach the intersection of SR 46 and US 31. Follow US 31 North into Columbus. At the intersection of US 31 and 25th Street, turn left. Follow 25th Street to the stoplight intersection with Lincoln Park Drive (you will see signs for Lincoln Park). Turn left onto Lincoln Park Drive and follow it to the parking lot. Park your car and proceed to the race registration area.

FIFTH ANNUAL
TOUR DE TRAILS

5K RACE

5K COMPETITIVE WALK

1 MILE DOGGIE DASH

FREE KIDS FUN RUN



NEW DATE

SATURDAY, APRIL 22, 2006

8:00 A.M.

LINCOLN PARK

COLUMBUS, INDIANA

REGISTER ONLINE BEGINNING JAN. 1
www.columbusparksandrec.com
Major credit cards accepted

JOIN US FOR THE FIFTH ANNUAL TOUR DE TRAILS!!

WHAT IS IT?

The People Trails system in Columbus, Indiana is utilized by both citizens and visitors alike. In order to build upon an already heavily used People Trail system, the Columbus Park Foundation and the Columbus Parks and Recreation Department are working to expand the existing trail system.

A portion of the funds collected will be used to provide continued maintenance of the 20+ miles of People Trails currently under the care of the Columbus Parks and Recreation Department. Maintenance includes the cost of trail repair, cleaning, and addition of amenities such as benches, landscaping and other points of interest. Funds will also be directed toward the Columbus Park Foundation's endowment fund to provide a continuous source of funding for these improvements.

NEW IN 2006!

We are continuing our popular 5K events along our beautiful People Trails. **However, registration is LIMITED to the first 100 registrations for the 5K run, so register today!**

New for 2006, besides the event date, is the addition of a **1 mile DOGGIE DASH**. Runners and walkers are encouraged to bring their favorite canine partner to participate in this unique event. All dog participants will receive a very special treat bag!

ALL PROCEEDS FROM THIS EVENT BENEFIT THE COLUMBUS PARK FOUNDATION'S FUND FOR PEOPLE TRAILS!

PRE-REGISTRATION ENDS MARCH 31

CHECK-IN AND EVENT DAY
REGISTRATION FROM 7-7:45 A.M.
RACE INFORMATION

5K TOUR DE TRAILS RUN AND

5K COMPETITIVE WALK

Individual registrations only

Run begins at 8:00 a.m.

Walk begins at 8:10 a.m.

(Shotgun start behind runners)

Course is USATF certified and will be timed. Awards will be given to the overall male and female finishers of the race. Age division awards for ages 13-80+ are based on the number of pre-registered entries.

Postmarked before March 31, 2006:

Individual (run or walk): \$15

*T-shirts included w/registration

Postmarked after March 31, 2006 or
event day registration:

Individual (run or walk): \$20

*T-shirts included w/registration

1 MILE DOGGIE DASH

Doggie Dash begins at 9:00 a.m.

Each dog: \$5.

Pre-registration before March 31
encouraged.

FREE KIDS RUN WILL BEGIN
IMMEDIATELY FOLLOWING END OF THE
5K EVENTS

Register for the race by phone!
Call (812) 376-2680.
Major credit cards accepted.

PRE-REGISTRATION ENDS MARCH 31

Registration Form
5th Annual Tour de Trails
April 22, 2006

Name _____

Address _____

City/State/Zip _____

Email _____

Age _____ Male _____ Female _____

Phone # _____

Shirt Size _____ S _____ M _____ L _____ XL _____ XXL

I will be participating in (mark one)

_____ Competitive 5K Race (600001-A1)

_____ Competitive 5K Walk (600001-A2)

_____ 1 mile Doggie Dash (600001-A3)

_____ Kids Fun Run (free) (600001-A4)

I would like to make an additional donation.
Amount \$ _____

I would like to order additional t-shirts
(\$10/shirt):

Enter # of shirts requested

Shirt Size _____ S _____ M _____ L _____ XL _____ XXL
(Adult sizes only)

***Please sign and date the release on the
back of this entry form.
One form per entrant, please***

Mail form and payment to:

Tour de Trails

P.O. Box 858

Columbus, IN 47202-0858

Make checks payable to:
Columbus Park Foundation

REGISTER ONLINE!!

Visit www.columbusparksandrec.com

for race information.

Major credit cards accepted